

Table S45. Final 25 survey items

1. Please specify your current employment status:

Employed Full-time

Employed Part-time

Homemaker

Retired

Student

Unemployed

2. People see themselves in different ways. There are no right or wrong answers to the following questions. We just want to know what's true for *you*. Choose the answer that best describes you.

i. In general, how prepared are you to take risks?

- Not at all prepared
- Slightly prepared
- Moderately prepared
- Very prepared
- Completely prepared

ii. How prepared are you to take risks....

	Not at all prepared	Slightly prepared	Moderately prepared	Very prepared	Completely prepared
...when making financial decisions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...when it comes to recreational activities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. People see themselves in different ways. There are no right or wrong answers to the following questions. We just want to know what's true for *you*. Choose the answer that best describes you.

i. How important is it for you to be independent?

- Extremely important
- Very important
- Moderately important
- Slightly important
- Not at all important

iii. How important is it for you to solve your problems on your own?

- Extremely important
- Very important
- Moderately important
- Slightly important
- Not at all important

4. People see themselves in different ways. There are no right or wrong answers to the following questions. We just want to know what's true for *you*. Choose the answer that best describes you.

i. How often do friends talk to you about their problems?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

ii. How often do you talk to your friends about your problems?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

ii. How easy is it for you to express what you are feeling to others?

- Not at all easy
- Slightly easy
- Moderately easy
- Very easy
- Extremely easy

5. Are you currently responsible for taking care of someone in need? By “taking care of someone in need” we mean providing unpaid assistance and support to someone who has physical or psychological needs, such as a child, elder, partner, or disabled family member.

- I am currently responsible for taking care of someone in need
- I have been responsible for taking care of someone in the past
- I have never been responsible for taking care of someone in need
- I am currently responsible for taking care of someone in need, and I have been responsible for taking care of someone in the past

[BRANCHING: These next three questions should be displayed **only** to respondents who are currently responsible for taking care of someone in need. Respondents who are branched out should be assigned the value “Never” in the final coding as responses to these questions].

6. In the past year, how often did you feel **emotionally** exhausted because of your caretaking responsibilities?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

7. In the past year, how often did you feel **physically** exhausted because of your caretaking responsibilities?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

8. In the past year, how often have your caretaking responsibilities caused you to worry about the future?

Never

Once in a while

Sometimes

Most of the time

Always

9. We are interested in how you spend your time on an average weekday, Monday through Friday. Please provide your best estimate. On average, how many hours per weekday do you spend on the following. *Total should not exceed 24 hours.*

Work (paid work, studying, internships, etc.) : _____

Taking care of someone in need (caring for children, elders, partners in need, etc.) : _____

10. We are interested in how you feel about your current job, including your daily work activities as an employee or student. For each of the following questions, select the answer that best describes your work activities. If you have several jobs, please think about the job that you spend most hours doing per week.

[BRANCHING: The next four questions should be displayed **only** to respondents who are currently employed (full-time or part-time) or students. Respondents who are branched out should be assigned the value “Never” in the final coding as responses to these questions].

i. How often does your job require working fast?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

ii. How often does your job involve repetitive tasks?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

iii. How often do you feel **emotionally** exhausted from your work activities?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

iv. How often do you feel **physically** exhausted from your work activities?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

11. People sometimes look to others for companionship, assistance, or other types of physical or emotional support. The following questions ask you about the support available to you when you need it. Choose the answer that best describes your situation.

i. In the past year, how often did you have someone...

	Never	Once in a while	Sometimes	Most of the time	Always
to show you love and affection?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
to help you with daily chores?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. The following questions ask about how often you have felt discriminated against because of your gender. You may not be certain about your answers to these questions, but we would like you to choose the answer that best describes your experience.

i. Because of your gender, how often have you felt discriminated against?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

ii. Because of your gender how often have you felt discriminated against...

	Never	Once in a while	Sometimes	Most of the time	Always
When getting hired	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When receiving medical care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In public settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. What was your birth sex?

- Male
- Female
- Intersex
- Other: Please specify: _____
- Prefer not to state

14. What is your gender? Please select all that apply.

- Man
- Woman
- Gender fluid/Non-binary
- Other: Please specify: _____
- Prefer not to state

15. In what year were you born?

▼ 2000 ... 1900

16. Which categories describe you? (You may choose more than one.)

- White
- Hispanic, Latino, or Spanish
- Black or African American
- Asian
- Native American or Alaska Native
- Middle Eastern or North African
- Native Hawaiian or Pacific Islander
- Other

17. What was your income last calendar year?

Please combine all incomes. "Incomes" include wages, salaries, small business earnings, social security, armed forces pay, special cash bonuses and subsistence allowances.

- Less than \$10,000
- \$10,000 - \$19,999
- \$20,000 - \$29,999
- \$30,000 - \$39,999
- \$40,000 - \$49,999
- \$50,000 - \$59,999
- \$60,000 - \$69,999
- \$70,000 - \$79,999
- \$80,000 - \$89,999
- \$90,000 - \$99,999
- \$100,000 - \$149,999
- \$150,000 - \$199,999
- More than \$200,000
- Prefer not to say

18. What is the highest degree or level of school you have completed? If currently enrolled, please report the highest degree received.

- No schooling completed
- Preschool to 8th grade
- Some high school, no diploma
- High school graduate, diploma or equivalent (GED)
- Some college credit, no degree

- Trade/technical/vocational training
- Associate degree
- Bachelor's degree
- Master's degree
- Professional degree
- Doctorate degree